

To Place Your Request
Please dial 1010. From outside the hospital,
please dial 305.666.6511 ext. 1010

Condiments

- Salt

Pepper

Mrs. Dash

Sugar

Stevia

Brown Sugar

Honey

Butter

Margarine

Sour Cream

Cream Cheese

Cinnamon

Raisins
- Jelly

Peanut Butter

Nutella

Syrup

Sugar-Free Syrup

Lemon

Ketchup

Mustard

Mayonnaise

Creamy Sunflower Butter

Chocolate

Sunflower Butter
- Hot Sauce

BBQ Sauce

Honey Mustard

Parmesan Cheese

Italian Dressing

French Dressing

Oil & Vinegar

Ranch Dressing

Blue Cheese Dressing

Caesar Salad Dressing

Dietary Restrictions

Some foods may not be appropriate based on your diet prescription.

Guest Trays

Guest Trays are available for purchase.

Breakfast: \$7.00 plus taxes
Lunch or Dinner: \$9.00 plus taxes

Meals can be ordered utilizing the GETwell application located on the hospital television or by calling ext. 1010 from the hospital room phone. Purchased meals will be delivered to your child’s room.

For your convenience, dining options are also offered in all food establishment throughout our hospital. Only credit cards are accepted.

GET® App

You can now order food and drinks for delivery from our campus Golden Cub Café! To view the menu, download the GET® app or visit the GET® website get.cbord.com/nicklauschildrens



Please note: Food ordered via Get®App is for non-patients only and should not be given to patients without clearance from clinical staff, due to possible dietary restrictions.

PEDIATRIC MENU



Find 10 objects in the picture.



How does your plate look?



Check out our social media pages for recipes and other helpful tips!

- @Nicklaus4kids

@NicklausChildrensHospital
- @Nicklaus4kids

@Nicklaus4kids



Room Service Menu



Breakfast

BUILD YOUR PLATE YOUR WAY All are

Scrambled Eggs* (Whole or Egg White)
Omelet (peppers, tomatoes, mushrooms, spinach, ham and/or cheese)

Bacon* Turkey Patty*
Ham* JUST® Egg



FRUITS All are

Apple Slices	Peaches	Apple Juice*
Banana	Pears	Cranberry Juice
Grapes	Pineapple	Grape Juice
Mandarin	Seasonal Fruit Cup	Orange Juice
Melon	Applesauce	Prune Juice

Grains/Starches All are

Toast* (White/Wheat)	Oatmeal	Cheerios
Raisin Toast	Grits	Corn Flakes
Cuban Toast	Cheesy Grits	Raisin Bran
Mini Bagel	Waffle	Honey Nut Cheerios
English Muffin	Blueberry Muffin*	Rice Krispies
	Hashbrown Patty	

Whole Grain and Gluten-free Bread, Pancakes and Waffles Available

**Pancake Party**

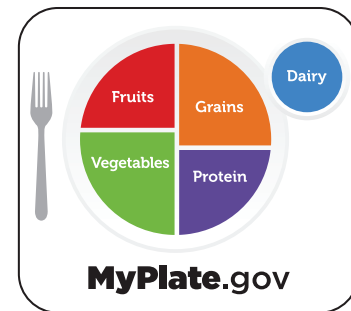
Flavors to choose from:
Plain* / **Banana** / **Blueberry** / **Chocolate Chip**

DAIRY All are

Milk Whole, 1%, Skim	Soy Milk (vanilla / chocolate)
Lactaid Milk	Almond Milk (vanilla / chocolate)
Choco Milk	Yogurt (assorted varieties)
Cheddar Cheese	Dairy-free Yogurt
Cottage Cheese	String Cheese

Items marked with *
available all day

Lunch and Dinner



Build your plate with items from each food group for balanced, healthy meals to promote healing!

Daily Entrée Specials

Monday: Chicken Fricassee

Tuesday: Rice Bowl

Choose Options: white/brown rice, black beans, corn and/or Pico de Gallo

Choose Protein: chicken, pork, mixed vegetables or vegan meatballs

Wednesday: Meatloaf with Gravy

Thursday: Beef or Vegan Sliders

Friday: Pizza (cheese / pepperoni / vegetables / vegan cheese)

*Vegan items contain soy.

EVERYDAY ENTRÉE

Caribbean Picadillo
Grilled Chicken Breast
Herb Seared Salmon
Chicken Caesar Salad
Baked Chicken Tenders
Baked Chicken Thigh
Penne Chicken Alfredo
Penne Alfredo
Spaghetti with Marinara Sauce
Spaghetti w/Homemade Meatballs
Spaghetti Marinara with Chicken
Cheese Flatbread
Cheese Quesadilla
Chicken Quesadilla
Hot Dog

Hamburger
Cheese Burger
Turkey Burger
Veggie Burger
Grilled Chicken Breast Sandwich
Grilled Cheese
Peanut Butter and Jelly
Sunflower Butter and Jelly
Ham Sandwich
Ham and Cheese Sandwich (Cold or Grilled)
Turkey Sandwich
Turkey and Cheese Sandwich
Tuna Salad Sandwich
Veggie Sandwich

White, Wheat and Gluten-free Bread and Pasta Available

Vegan Entrées All contain

Vegan Flatbread	Vegan Grilled Cheese
Vegan Quesadilla	Spaghetti with Vegan Meatballs

Vegan

Lunch and Dinner

Homemade Soups All are

Chicken Noodle	Lentil
Caribbean Squash	Chicken Broth
Vegetable Broth	

Vegetables All are

Green String Beans	Celery/Carrots Sticks and Hummus
Mashed Cauliflower	Sliced Tomatoes
Peas and Carrots	Garden Salad
Steamed Carrots	Spinach Salad
Steamed Broccoli	

Grains / Starches All are

Brown/White Rice	Creamy Mashed Potatoes
Black Beans	Creamy Mashed Potatoes with Gravy
Baked Waffle Fries	Plain Mashed Potatoes
Whole Kernel Corn	Homemade Macaroni and Cheese
Corn Muffin	Baked Sweet Waffle Fries
Mashed Sweet Potatoes	

Sweets All are

Flan	Pudding (vanilla/chocolate)
House Baked Cookies	Italian Ice (lemon/orange)
Vegan Rice Pudding	Chocolate Cupcake
Ice Cream (vanilla/chocolate)	Jell-O (sugar-free available)



Dairy Free	Contains Soy	Vegan
Gluten Free	Tree Nut Free	Vegetarian
Peanut Free		